

## FOR IMMEDIATE RELEASE:

## JOIIN US FOR THE 19<sup>TH</sup> ANNUAL CENTRAL FLORIDA EARTH DAY Central Florida's Largest and Longest-Running Earth Day Festival

ORLANDO, FL -- Central Florida Earth Day will be celebrated on Saturday, April 20, from 10:00 a.m. to 6:00 p.m. at Lake Eola Park, east side. Organizers of the event, led by Vegetarians of Central Florida, have been presenting Earth Day celebrations since 2006. CF Earth Day is a day of education, celebration, and action to benefit the planet! In the spirit of Earth Day, this event is FREE for the whole family. CF Earth Day is the largest, longest running, and best attended Earth Day event in Central Florida.

CF Earth Day sets a clear example for how simple lifestyle changes can make a difference in the health of our community and ecosystems. CF Earth Day will feature solar power displays and food vendors providing organic and sustainable vegan food. All vendors will feature only items that are considered healthy for the environment. There will also be a full day of educational activities, games, and workshops in the Earth Kids Zone.

Guest speakers, presentations, and panels will take part in discussions addressing environmental issues facing the state of Florida and beyond. Activities at this year's presentation area will include panels focused on local community environmental solutions and guest speakers focused on global environmental problems that can be solved locally through actions such as embracing plant-based and zero-waste living.

There will be over 250 local business and nonprofits sharing various ways to integrate sustainable and regenerative practices into our lifestyles. Some other unique features at the festival include environmental & humane education, food preparation demonstrations, an artist corner, an animal haven--including companion animal adoptions in addition to wild and farm animal rescues, green vehicles, and bike valet. Performances by 7 local musicians on the Acoustic stage will add more fun to the day's events.

Sponsors of Central Florida Earth Day are Earth Sponsors: Vegetarians Of Central Florida and Orlando Weekly; Jungle Sponsors: Green Works Orlando, OUC, Solutionary Species, and A Well-Fed World; Forest Sponsors: Seed Food and Wine Festival and VegFund; Garden Sponsors: Asia Trend, Earth Day Network, Families, Parks and Recreation Advisory Board, Fun 4 Orlando Kids, Global Peace Film Festival, My Central Florida Family, Natural Awakenings, Spay & Neuter Nation, and WMFE.

All money raised will be used for local environmental and humane education. CF Earth Day is an amazing demonstration of how the everyday decisions we make in life affect our environment. For more information, please visit www.CFEarthDay.org.

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## Contacts:

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