

For immediate release:

## Join us for the 13th annual Central Florida Earth Day!

ORLANDO, FL -- Central Florida Earth Day will be celebrated on Saturday, April 21, from 10:00 a.m. to 6:00 p.m. at Lake Eola Park, east side. Organizers of the event, led by Vegetarians of Central Florida, have been presenting Earth Day celebrations since 2006. CF Earth Day is a day of education, celebration, and action for our planet! In the spirit of Earth Day, this event is FREE for the whole family. CF Earth Day is the largest, longest running, and best attended Earth Day event in Central Florida.

CF Earth Day sets a clear example for how simple lifestyle changes can make a difference in the health of our community and ecosystems. CF Earth Day will feature solar power displays and food vendors providing organic and sustainable vegan food. The March for Science will begin and end at CF Earth Day. IBEX Puppetry will feature parades, kids activities, and more. There will also be a full day of activities for children in the Earth Kids Zone.

Guest speakers will take part in discussions addressing environmental issues facing our state. Topics include "Awareness in Action: Florida Environmental Issues from the Perspectives of Front-Line Activists"; "City of Orlando: Green Works 2.0"; "Environmental & Climate Justice: Protecting People and Animals"; "Fair Food For All: Diet, Health, and Justice"; "IDEAS For Us: Ten Years of Action in Orlando"; "Sustainable Business in the Sunshine State: Agriculture, Energy, and Consumerism"; and "Water' You Doing to Help the Planet?".

There will be over 250 local business and nonprofits sharing various ways to incorporate sustainable practices into our lifestyle. Some other unique things to check out include environmental & humane education, food prep demos, artist corner, animal haven--including companion animal adoptions plus wild and farmed animal rescues, fashion show, green vehicles, and bike valet. Performances by 14 local and regional musicians on the Hybrid and Acoustic stages will add more fun to the day's events.

Sponsors of Central Florida Earth Day are Earth Sponsors: Vegetarians Of Central Florida, Ibex Puppetry, and Orlando Weekly; Jungle Sponsors: Downtown Development Board, Green Works Orlando, Magic 107.7, Orlando Sentinel Media Group, and OUC the Reliable One; Forest Sponsors: American Water Resources of Florida, Dixie Dharma, Seed Food and Wine Festival, Solutionary Events, Solutionary Species, and A Well-Fed World; Garden Sponsors: Animal Activists of Central Florida, Asia Trend, Bungalower, Earth Day Network, Fun 4 Orlando Kids, Global Peace Film Festival, IDEAS For Us, My Central Florida Family, Natural Awakenings, The Nutty Peanut, Orlando Vegans, Sir Speedy Orlando, Solar-Ray, and VegFund.

## Contacts:

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