

# Central Florida Earth Day 2019

FOR IMMEDIATE RELEASE:

## JOIN US FOR THE 14<sup>TH</sup> ANNUAL CENTRAL FLORIDA EARTH DAY Central Florida's Largest and Longest-Running Earth Day Festival

ORLANDO, FL -- Central Florida Earth Day will be celebrated on Saturday, April 20, from 10:00 a.m. to 6:00 p.m. at Lake Eola Park, east side. Organizers of the event, led by Vegetarians of Central Florida, have been presenting Earth Day celebrations since 2006. CF Earth Day is a day of education, celebration, and action to benefit the planet! In the spirit of Earth Day, this event is FREE for the whole family. CF Earth Day is the largest, longest running, and best attended Earth Day event in Central Florida.

CF Earth Day sets a clear example for how simple lifestyle changes can make a difference in the health of our community and ecosystems. CF Earth Day will feature solar power displays and food vendors providing organic and sustainable vegan food. All vendors will feature only items that are considered healthy for the environment. IBEX Puppetry will feature endangered species parades, activities for children, and more. There will also be a full day of educational activities, games, and workshops in the Earth Kids Zone.

Guest speakers, presentations, and panels will take part in discussions addressing environmental issues facing the state of Florida and beyond. Activities at this year's presentation area will include two panels focused on local community environmental solutions by the City of Orlando and Ideas For Us, an environmental debate panel, environmental solutions trivia, and guest speakers focused on global environmental problems that can be solved locally through actions such as embracing plant-based and zero-waste living.

There will be over 250 local business and nonprofits sharing various ways to integrate sustainable and regenerative practices into our lifestyles. Some other unique features at the festival include environmental & humane education, food preparation demonstrations, an artist corner, an animal haven--including companion animal adoptions in addition to wild and farm animal rescues, green vehicles, and bike valet. Performances by 14 local musicians on the Hybrid and Acoustic stages will add more fun to the day's events.

Sponsors of Central Florida Earth Day are Earth Sponsors: Vegetarians Of Central Florida, Ibex Puppetry, and Orlando Weekly; Jungle Sponsors: City of Orlando, Downtown Development Board, Green Works Orlando, OUC the Reliable One, Solutionary Events, and Solutionary Species; Forest Sponsors: Orlando Vegans, Seed Food and Wine Festival, and A Well-Fed World; Garden Sponsors: Animal Activists of Central Florida, Asia Trend, Blue Lotus Botanicals, Earth Day Network, Fun 4 Orlando Kids, Global Peace Film Festival, IDEAS For Us, My Central Florida Family, Natural Awakenings, Noor XVII, Sketchbook by Kristen, Spay & Neuter Nation, Vegan Business Center, and VegFund.

All money raised will be used for local environmental and humane education. CF Earth Day is an amazing demonstration of how the everyday decisions we make in life affect our environment. For more information, please visit [www.CFEarthDay.org](http://www.CFEarthDay.org).

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